

## Random Urine and Clean Catch Urine Collection

Collecting random samples as a clean catch allows cultures to be added on if need be after sending to the lab.

### Male

1. Patient should cleanse the head of his penis, using the three towelettes provided.  
Retract foreskin if patient is not circumcised. Cleanse outward from the urinary meatus in a circle.
2. Instruct the patient to begin to void into the toilet or urinal and then slip the sterile specimen container under the stream.
3. Cover the container – do not touch inside of the cover.
4. Label urine with Patient's full name, Medical Record Number or Birth date, Date and Time of collection and their initials or nurses initials, as the collector.
5. Place specimen in plastic specimen bag and return/send to lab.

### Female

1. Instruct patient to separate labia minora and cleanse urinary meatus using three towelettes provided. Cleanse from front to back using each towelette once.
2. Instruct the patient to begin voiding into the toilet or bedpan and then slip the sterile specimen container under the stream.
3. Cover the container – do not touch inside of the cover.
4. Label urine with Patient's full name, Medical Record Number or Birth date, Date and Time of collection and their initials or nurses initials, as the collector.
5. Place specimen in plastic specimen bag and return/send to lab.